Repeated Reading

What is it?
It’s a simple strategy to help you focus just on reading more quickly, smoothly and accurately. You'll listen to a coach or fellow member read the text fluently, practice it, and then read it back to them.

How will it help?
Spending time paying attention to how your reading sounds will gradually help your brain develop good habits for fluent reading.

What kind of readings is it good for?
You can use this strategy with any kind of reading at your recommended practice level for fluency. Having a recording of the reading available makes it easier to get started. The Reading Skills for Today's Adult and Reading Skills for Healthcare Workers sites have audio recordings of all their readings that you can listen along with. You may need a coach to help you learn how to play the audio.

How do I do it?
1. Pick a reading, and pick part of it to focus on. Your part should be about one page and it should start at the beginning of one paragraph and end at the end of another one. Don’t cut off your reading in the middle of a paragraph.

2. Have a coach or another member who is fluent at this level read the passage out loud to you. This is the example. You will try to read like them. If a coach or member is unavailable, you can always choose readings that have audio recordings at the Reading Skills for Today's Adult and Reading Skills for Healthcare Workers sites.

3. Practice the reading. Read it out loud to yourself at least 3 times. Focus on trying to read quickly, smoothly and accurately. Try to sound like a newscaster.

4. After at least 3 practice readings, read the passage back to a coach or another learner. When you finish, ask them these four questions:
   - Did I read fast enough so it seemed like I was just talking to you?
   - Was my reading smooth or did I have a lot of starts and stops?
   - Did difficult words break up the reading often?
   - Do you think I should practice more or more on to a new reading?

5. Decide if you want to practice more or move on to a new reading. If you decide to practice more, you will need to have someone listen to you again, so repeat step 4.